The POST



This is a picture of our grandson who was 4 months when this was taken in September on his first holiday visiting us in Jacarilla.

His name is Ryan John Hawker, and he lives with his Mum/ Dad and sister Rebecca, who is 4, in Scotland.

As you can see he is a big bonnie laddie, who was very happy being on holiday.

Photo sent in by Norma Downie, 'Proud Granma

The POST invites all parents, grandparents and family friends to send in favourite photos of their own Tiny (and not so tiny) Tots. Photos can be emailed, sent by post or dropped in at one of the Costa Blanca News desks with the relevant information (child's name, age, where they live, etc.) and, where applicable, an address and telephone number on the back so that they can be returned.

All photos published will be entered into our Tiny Tots competition, which will take place twice a year, and the winners will receive a framed certificate including the child's photo.

Send photos to The POST, Apartado 163, Benidorm 03501, Alicante; email editor@the post.es; or leave at one of our desks. Mark attachment or envelope clearly POST Tiny Tot.



Pooch

This is our own pampered pet, Pooch, who was just a few weeks old when this photo was taken last summer. Isn't he gorgeous?

Photo sent in by K Cook of Gandía Do you have a Pam-

pered Pet? Send us a photo of your own dog, cat, bird, hamster, horse, iguana or even goldfish? Photos can be emailed, sent by post or dropped in at one of the Costa Blanca News desks with the relevant information (and name and address if they need returning). Postal address: The POST, Apartado 163, 03501 Benidorm

Greetings

Send to The POST, Apartado 163, Benidorm 03501, Álicante; email editor@thepost.es; or leave at one of our desks. Mark attachment or envelope clearly POST Greetings.



Happy birthday Serge, Don't do anything we wouldn't do!



Sandy, Have a great day Love J&J



Keep on running

Teulada athlete Benita Breiter, goes from strength to strength and seems to feature among the top positions in any event she enters.

Benita runs with the Silla athletics club (of Valencia) and her latest achievement was coming sixth in the junior category of the International Cross of Grau de Castellón.

She ran the 4,200m circuit in a time of 16m 39s. Her next event will be in Elche at the weekend. Good luck Benita!



Costa kids on show

Year 7 students at LAUDE The Lady Elizabeth Senior School create a patchwork using an array of cotton fabrics. They experiment with designs, complete drawings and they learn how to sew. Their creativity is channelled into a variety of projects: wall hangings, crazy patchworks, pouches, wallets and bags.

Year 7 are delighted that their beautiful work is to be exhibited in La Casa Blanca in Javea Port from February 23 to March 7, thanks to the generosity of Sally and Stafford.



Find a friend

Email: editor@thepost.es

Crossword

Across: 1 Pleasant, 8/22 Secondary education, 9 Rub, 10 Yarn, 11 Abuses, 13 System, 14 Breeze, 17 Taiwan, 18/3 Sing Sing, 20 Two, 23 Egged, 24 Pennines.

Puzzle Answers

Down: 1 Pasty, 2 Escorts, 4 Nearby, 5 Bears, 6 Stubble, 7 Eyesore, 12 Defined, 13 Spotted, 15 Edition, 16 Manure, 17 Tonga, 19 Gents, 21/7A Main event.

Spanish-English Crossword

Across: 1 Cigar, 4 Ghosts, 9 Smaller, 10 Nerve, 11 Last, 12 Surname, 13 Yes, 14 Echo, 16 Dust, 18 Has, 20 Licence, 21 Coal, 24 Dance, 25 Richest, 26 Estate, 27 Roses.

Down: 1 Castle, 2 Glass, 3 Rule, 5 Hundreds, 6 Streams, 7 Sweden, 8 Dress, 13 Youngest, 15 Coconut, 17 Sledge, 18 Heart, 19 Plates, 22 Ovens, 23 Scar.

Mind Boggler

tool, tools, town, towns, fist, film, fine, fins, gift, gifts, glow, stool, stew, solo, soon, slot, slow, slim, sons, song, songs, owns, owls, lift, lifts, list, life, lime, line, lots, lost, lone, long, wool, mist, mine, minus, none, snow, sung

Sudoku

7	1	4	2	5	3	9	6	8
6	3	5	4	8	9	2	1	7
9	2	8	7	1	6	3	4	5
8	4	9	6	2	5	7	3	1
2	5	3	1	9	7	4	8	6
1	7	6	3	4	8	5	2	9
4	6	2	5	7	1	8	9	3
3	9	7	8	6	4	1	5	2
5	8	1	9	3	2	6	7	4

Newsagram Answer

England rugby union boss MART'IN JOHNSON

Quiz

MARK TWAIN, real name AMUEL LANGHORNE SAMUEL CLEMENS, Classical 2. GUITAR, 3. GRAEME GARDEN, 4. 16TH - Luther in 1546 and Michelangelo in 1564 5. MARY I, [°]BLOODÝ Mary', Mary Tudor, 6. Moonlighting, 7. SANDY, 8. MACH - named after Ernst Mach, 9. VIOLIN IPSWICH FULHAM, TOWN, PSV EINDHOVEN SPORTING LISBON, FC PORTO, FC BARCELONA, EINDHOVEN and NEWCASTLE UNITED.

Costalink



Gay male, 59, would like to meet other gay males for friendship around the Orihuela Costa. I enjoy days out along the coast & trying the many Spanish bars & restaurants.

Would like to meet someone who enjoys the Spanish way of life & perhaps we could learn Spanish together. Give me a call for a chat & hopefully we can meet up. Mob: 634 051 513.

Lady in Moraira would like a male friend for coffee and talks etc, and penpals 45+ any nationality

ramletalb@hotmail.com

Calpe & surrounding areas. Make new friends in 2009. Non-smoking group of singles, aged 50+, meet for drinks, meals and days out. Telephone 637 160 545

Single lady, new to Murcia/ Costa Calida area, would like to meet professional sporty people for friendship, who enjoy life and have varied interests. Preferably between 35-44 years.

I look forward to hearing from you. Mob: 654 490 338.

I am looking for new friends of different nationalities (I am German, but speak English and Spanish as well) in the Altea area. I like walking, dancing, and all sort of get-togethers. I am a painter.... and I am still young at heart although my birth certificate shows +70... can't believe it!

Altea has been my home since the sixties, so I am quite familiar with the Spanish way of life. Email me at adela@sebite c.net

Hope you have settled in Emily Love from all your friends



Congratulations Miguel from all the family